



LMRC - COVID-19 REOPEN GUIDELINES 06/13/2020

Reopening will be a phased approach:

Phase 1: Private Boats: Singles only (non-shared equipment only) - Allowed 5/6/2020

Phase 2: Private Boats: Singles + LMRC Singles - 6/15/2020

Phase 3: Singles + Doubles (same household only)

Phase 4: Teams will be re-established in final phase of reopening based on local guidelines (smaller groups)

Phase 5: Teams will be operate as usual with no group-size restrictions

LMRC will be following USROWING Guidelines for reopening:

https://usrowing.org/documents/2020/5/12//USRowing_Reopen_Boathouse_Document_Final_v_1_0.pdf?id=2286

Training should focus on a "get in, train, get out" approach, minimizing unnecessary contact.

ReOpening Overview:

- Goal is to provide safe access to the water
- Rowers will reserve 2 hour time slots by boat-bay to ensure we can limit group-size
- Water access is for members only, no guest access is allowed
- Rowers who are exhibiting any signs of illness should not go to the boathouse
- Members must maintain a minimum six-foot distance from one another
- Rowers will row at their own risk and assume all responsibility for sanitation of their equipment

New Process/Limitations:

- Rowers will be assigned to a specific boat for a period of 3 weeks (no changes during this time period)
- Reserve access online via signup genius - day prior
- Water Access will be two hour slots (every 30 minutes)

NBay- Max 2 persons - with 1 max indoors

SBay - Max 4 person - with 2 max indoors

FBay - Max 1 person -no reservation needed. - Private singles only (walk in only -no parking allowed)

New Protocol for Rowers:

- Use hand sanitizer before/after touching any surface - disinfect any high-touch surfaces (bathroom after every use)
- Rowers should aware if you are launching/docking at the same time you still need to maintain distance 6ft
- Rowers will be required to wear a mask or face covering at the boathouse
- Follow NEW Cleaning Protocol for COVID-19 (see attached)

LMRC Sanitation Supplies(as available)

- Antibacterial Wipes/ Bleach Solution/ Sanitizer Spray
- Hand Sanitizer
- Boat Cleaners(see cleaning protocol)

Members Required Supplies: (Supplies are NOT to be stored at the boathouse)

- Mask or face covering required in boathouse, on dock (until on water)
- Hand sanitizer/Wipes/gloves
- Boat Towel (take home daily)

WAIVER:

- LMRC cannot guarantee that you will not become infected with COVID-19.
- If you decide to row you acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that you may be exposed to or infected by COVID-19.
- You understand that rowing at LMRC could cause exposure or infection may result in personal injury, illness, permanent disability, and death.
- You understand that the risk of becoming exposed to or infected by COVID-19 at LMRC may result from the actions, omissions, or negligence of others, including, but not limited to, volunteers and or members.
- Further by signing up to row during this phased reopening, you agree to hold harmless LMRC and it's members. This includes all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating to COVID-19.