



LAKE MERRITT ROWING CLUB

A NON-PROFIT CORPORATION INCORPORATED IN
1962 LMRC IS A MEMBER OF THE UNITED STATES
ROWING ASSOCIATION

510 273 9041
P.O. BOX 1046
OAKLAND, CALIFORNIA 94604

WWW.LAKEMERRITTRROWINGCLUB.ORG

STANDARD ATHLETE’S RELEASE FORM

In consideration of the acceptance of my application for the Lake Merritt Rowing Club, I hereby waive, release and discharge any and all claims for damages for death, personal injury or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in said Lake Merritt Rowing Club at any of its activities. The release is intended to discharge in advance the Lake Merritt Rowing Club Inc., a California corporation, its shareholders, Board of Directors, officers and members, its promoters and sponsors, the United States Rowing Association, and promoting clubs, the officials and any involved municipalities or other public entities and their respective agents and employees, from and against any and all liability arising out of or connected in any way with my participation in said Lake Merritt Rowing Club or its activities, even though that liability may arise out of negligence or carelessness on the part of persons or entities mentioned above.

I further understand that serious accidents occasionally occur while engaged in rowing activities and that participants thereof occasionally sustain mortal or serious personal injuries and/or property damage as a consequence thereof. Knowing the risk of rowing participation, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who, through negligence or carelessness might otherwise be liable to me or my heirs or assigns for damages.

It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns.

Printed Name: _____

Date: _____

Signature of Participant: _____

Date: _____

Signature of Parent/Legal Guardian, if under 18: _____

PHOTO/VIDEO RELEASE

The Participant or his/her parent/legal guardian assigns to Lake Merritt Rowing Club (“LMRC”) the irrevocable and unrestricted right to use and publish photographs and/or video of the Participant, or in which Participant may be included, for editorial, trade, advertising and any other purpose and in any manner and medium, to alter the same without restriction, and to copyright the same.

Date: _____

Signature of Participant: _____

Date: _____

Signature of Parent/Legal Guardian, if under 18: _____